

Mr. Gray

## OneGoal Y1 Syllabus

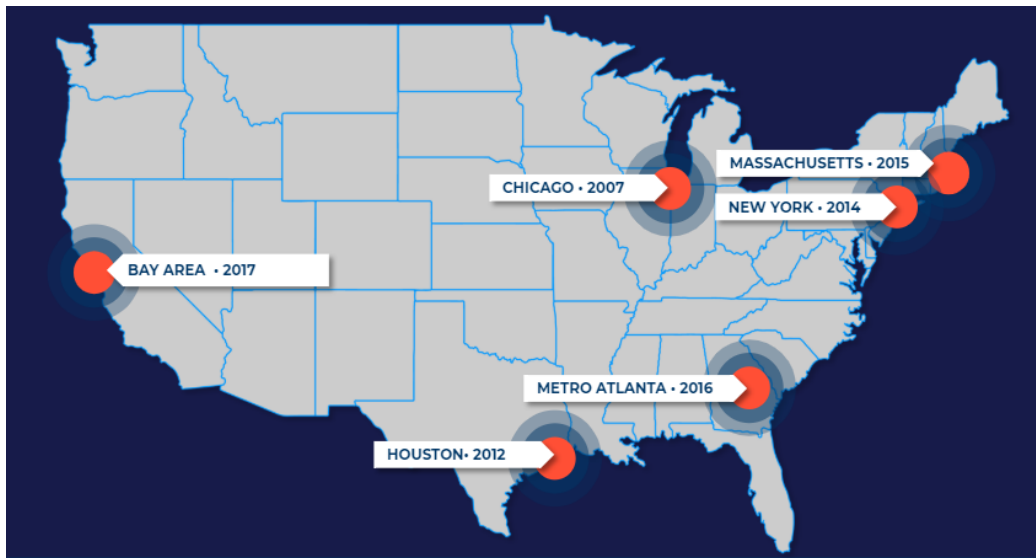
Room 1135

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### A National Program

Welcome back to OneGoal! We are a National organization with over 14,000 Fellows, 186 schools and six regions (see map below) across the United States. Our mission is to ensure that every young person will have an equitable opportunity to achieve their greatest postsecondary aspiration. You are joining a family of Fellows (students), Program Directors (teachers), OneGoal staff and our network of supporters that will support you over the next three-years.



### Three-Year Program

Each year, Fellows will engage in a variety of experiences to help them gain a deeper sense of self, develop a stronger vision for what they want their future to look like and an opportunity to take the necessary steps to realize that future. Below are some of the overarching topics for each program year.

#### Year 1 (Y1), Junior Year Course Topics

- + Building relationships with your peers and OneGoal Program Director (PD)
- + Deepening understanding of you identity and strengths
- + (re)Discovering and affirming your values, interests and professional aspiration
- + Knowing the postsecondary landscape and exploring the pathway(s) that will best position you to pursue your aspiration
- + Creating a list of institutions and / or programs you plan to apply to in the fall of senior year
- + Increase your GPA to broaden the options that are available to you after high school

#### Year 2 (Y2), Senior Year Course Topics

- + Reflecting on aspirations and creation of postsecondary pathways lists
- + Complete applications to postsecondary institutions and / or programs
- + Secure financial aid and scholarships
- + Weigh options based on identity, strengths, values, professional aspiration and funding
- + Choose your postsecondary pathway and begin the enrollment process

## Year 3 (Y3), First Year in Postsecondary Experience

- + Leverage OneGoal summer support to successfully begin postsecondary institution or program in the fall
- + Connect with Program Director throughout the year to discuss academic, social, financial, career plans and personal well-being
- + Access institution or program staff and resources to ensure smooth transition and experience
- + Renew financial aid application + re(commit) to institution or program for next year

## Y1: Junior Year

We are eager for you to dive into the fall semester of Year One (Y1). You will begin the semester connecting with your cohort, your PD, and yourself. With the support of your family and community, you will leverage your self-efficacy and agency to apply to your selected post-secondary institutions as well as apply for funding. Throughout the fall semester and year, you will continue to complete rigorous academic work with the same focus areas as Year One.

## General Schedule

### Zone 1 Highlights: (August-September)

- + Module 0: Welcome back to OneGoal!
- + Module 1: Forming a OneGoal Family
- + Module 2: Engaging with Love and Respect
  - + Milestone activity: Love and Respect Survey
- + Module 3: Exploring the Purpose of OneGoal
  - + Milestone activity: Visualizing your Support Network
- + Module 4: Setting Y1 Goals
  - + Milestone activity: Reflecting on Past Goal-Setting Experiences

### Zone 2 Highlights: (October-December)

- + Module 1: Academic Identity
  - + Milestone activity: WOOP and Smart Goals Workbook
- + Module 2: Personal Identity
  - + Milestone activity: Journal Entry: Story Exchange Draft
- + Module 3: Sharing Your Identity
  - + Milestone activity: Conduct Identity Interview

### Zone 3 Highlights: (October-December)

- + Module 1: My Aspirations
  - + Milestone activity: My Professional Aspiration (First Draft)
- + Module 2: Community Contributions
  - + Milestone activity: Mapping My communities
- + Module 3: Exploring Pathways
  - + Milestone activity: Refining My Professional Aspirations
- + Module 4: Future so bright
  - + Milestone activity: Finalizing My Professional Aspirations

## Grading

OneGoal is a graded, credited course, using your high school's customary grading scale. Cumulative grades will be based on the progress you make during each individual Zone throughout the course. The following weighted grading percentages will be used to determine your cumulative course grade:

- + The following weighted grading percentages will be used to determine your cumulative course grade:
- + Goal Setting & Organization (25%)
- + Attendance, Participation and Reflections (25%)

- + Zone Assessments (35%)
- + Final (15%)

## Family/Community Support

A successful junior year relies on the support of your “Network of Champions”, or your cohort, PD, family, and community members who are invested in your success. Below are some activities and conversations which you will be required to participate in to ensure that all of your supporters stay informed on your journey in order to best help you!

- + Share and review the syllabus with your family or the person who is likely to be the biggest part of your post-secondary journey this year.
- + What questions or concerns do you have about junior year? What questions does your family/supporter have?
- + Which types of post secondary pathways and careers are you considering so far? (And if you have no idea, that is ok too- we will have plenty of time to explore and research!) Share your thought and ask your family/supporter if they have any ideas on things you should consider before applying

## Course Policies

- + Attendance in Discussions: Please note that attendance during synchronous class time is so important to our cohort community, your growth, and your grade. If you cannot participate in a previously scheduled cohort discussion time, it is your responsibility to inform your PD ahead of time.
- + Cheating/plagiarism: If a student is caught cheating or plagiarizing another’s work, the grade is automatically a zero, parents/guardians will be notified, and additional consequences will be assigned according to school policy.
- + Presence: Students are expected to present themselves as mature leaders and future professionals. Therefore, respect for their classmates, their instructor, their assignments, and themselves is the expectation.
- + While OneGoal can be exciting, engaging and even fun, preparing for post-secondary success is hard work that requires careful planning and a personal commitment to responsibility. The OneGoal classroom is a place where students develop a plan for achieving the big goals they have for themselves, and will support one another as a team in pursuit of those goals.

## Course Office Hours:

Similarly to many post-secondary institutions, Mr. Gray provides office hours. Attending office hours can provide an opportunity to meet one-on-one with your Program Director to reflect on your progress in the course. Office hours ensure that there will be plenty of opportunities to measure and correct your progress towards meeting your post-secondary goals and securing a quality final grade.

I have planning periods 1st and 6th, and arrive before school starts around 7:30am each day. If you’d like to meet after school, that’s an option, but has to be planned in advance, so please just let me know in class or by email as early as you’re thinking that it might be helpful.

Office hours will be in addition to scheduled one-on-one check-ins which are embedded in each Zone. This optional space is for you to seek additional assistance, get feedback, or to continue to build relationships.